

Behavioral Health Services

Overview of:

- ▶ Community Connect
- ▶ Free Through Recovery
- ▶ SUD Voucher
- ▶ Mental Health Program Registry
- ▶ 1915(i)
- ▶ Others

Care Coordination

- ▶ A Care Coordinator provides ongoing support and referrals to support individuals in their community
- ▶ Available in Community Connect and Free Through Recovery, as well as through the 1915(i) Medicaid State Plan Amendment

Peer Support

Peer support specialists bring hope by sharing their experiences and promoting a sense of belonging.

- Establish positive rapport.
- Serve as a role model.
- Offer insight to the individual's care team.
- Provide support focused on advocacy, coaching, and mentoring.

- Available in Free Through Recovery, Community Connect, 1915(i), Recovery Talk, Call Kay, Human Service Centers, Parent Coordinators, Private Providers, Prisons and growing!

Peer Support Resources

If you don't know where to begin getting help with addiction for yourself or someone you know—start here. Call or text 701-291-7901 to speak to a trained peer support specialist with lived experience in addiction to chat and receive support.



Are you a parent or currently pregnant and struggling with substance use and wish you had somebody to talk to?

If you answered yes to these questions, please call or text **701.471.0857**.



Training

- ▶ The division hosts trainings designed to foster the skills and attitudes necessary to provide Peer Support and Care Coordination
- ▶ For more information please visit: [Upcoming Trainings & Events | DHS - Behavioral Health Division \(nd.gov\)](#)
- ▶ In addition to core competency trainings, there are ongoing opportunities for continuing education in best practices at no cost

Certification

- ▶ The Behavioral Health Division currently certifies peer support specialists
- ▶ There is no certification for Care Coordinators, however each provider agreement that employs Care Coordinators has requirements
- ▶ 1915(i) Care Coordinator qualifications are determined by CMS, and can be found here: behavioralhealth.nd.gov/1915i/providers



Community Connect is designed to meet the needs of individuals through Care Coordination, Peer Support and Recovery Services

- ▶ North Dakota Resident
- ▶ 18 years or older
- ▶ Functional Impairment in areas such as housing, parenting, physical health or community connections
- ▶ [Community Connect | DHS - Behavioral Health Division \(nd.gov\)](https://www.nd.gov/dhs/behavioral-health/division/community-connect/)

Application for eligibility is available online. Upon approval, the applicant is notified and if selected provider the referral is sent to provider and services may start. Alternate contact, point of contact is on application as well.

The logo for 'Free Through Recovery' is displayed on a white rectangular background. The words 'FREE THROUGH' are written in a black, uppercase, sans-serif font. Below them, the word 'Recovery' is written in a teal, cursive script font.

FREE THROUGH
Recovery

Free Through Recovery (FTR) is a community based behavioral health program designed to increase recovery support services to individuals involved with the criminal justice system who have behavioral health concerns.

- ▶ Referral is made from their state probation or parole officer
- ▶ If you have contact with a person that is on DOCR(state) supervision who would benefit from FTR, contact their probation or parole officer for a referral.
- ▶ Individuals on federal supervision do not qualify, but they may utilize Community Connect

Mental Health Program Registry

- ▶ Phase 1-In progress, Mental Health Programs begin to register

For the purpose of this registry, a Mental Health Program is:

- An agency/organization that provides mental health services by a licensed mental health professional
- Individually licensed mental health professionals that operate as a sole proprietor(business)

A licensed mental health professional for purposes of this registry includes:

- Professional Counselors
 - Marriage and Family Therapists
 - Clinical Psychologists
 - Psychiatrists
 - Advanced Practice Registered Nurse-Mental Health
 - Clinical Social Worker
- ▶ Phase 2-Front facing website becomes available in September with a directory/search feature to find a mental health program.

Substance Use Disorder (SUD) Voucher Program

During the 64th Legislative Session the Department of Human Services (DHS) was appropriated funding to administer a voucher system to pay for substance use disorder treatment services.

Goal 1

Allow individual to choose provider

Objective 1.1

Increase number of providers and service options.

Objective 1.2

Service options are communicated to individuals.

Goal 2

Improve access to quality services

Objective 2.1

SUD Voucher providers provide evidence-based services based on individual need.

Objective 2.2

Reduce financial barriers for individuals accessing needed services.

Eligibility Requirements

The individual is at least **14**
years old

The individual is currently a
ND resident

The individual's **Federal
Poverty Level (FPL) is below
200%** (An exception request
can be submitted and is
reviewed on case-by-case
basis)

The individual lacks
resources to cover cost of
treatment

Covered Services

Since the program's inception, approximately 4,200 individuals have received services through the SUD Voucher.



988

**SUICIDE
& CRISIS
LIFELINE**



Future state of how 988 will fit with other resources

	988 Suicide and Crisis Lifeline (replaces the 1-800 suicide prevention line & 211 crisis line; although all numbers will direct callers to the same place)	211	911
Who contacts	Individuals experiencing suicidal, mental health and/or substance use crisis	Individuals looking for help meeting basic needs like housing, food, transportation and healthcare	Individuals experiencing an emergency
Who answers	Crisis Support Specialists (trained in crisis intervention)	Resource Specialists (trained in local community resources)	Emergency Dispatchers (trained to assist callers through emergencies)
What is offered	Emotional support to de-escalate situation and may refer/dispatch to mobile behavioral health crisis support	Information and referrals	Obtain information in order to dispatch the right responders to the right location, may provide instruction until responders arrive

The suicide hotline and 211 for crisis will temporarily remain as active and all calls will continue to be answered by the central call center (FirstLink).

How does 988 work?

When an individual calls **211**, it is routed to a call center based on the cell phone tower

- When routed to North Dakota FirstLink, if all lines are busy, the individual will be put on hold until a line is open

When an individual calls **988**, it is routed based on the individual's cell phone area code number

- When routed to North Dakota FirstLink, if all lines are busy, the individual will be routed to another back-up center outside of North Dakota

When an individual **texts 988 or chats** at [Lifeline Chat : Lifeline \(988lifeline.org\)](https://www.988lifeline.org), it is answered by an out-of-state lifeline provider. FirstLink is building capacity to be able to answer 988 chats in the future.

How does 988 work?



FirstLink provides suicide risk assessment, de-escalation, support

If needed, FirstLink connects to the local Human Service Center mobile crisis team.

- HSC's mobile crisis teams are currently available at all 8 locations.

This process is unchanged from the pre-988 transition.



Recovery Housing

Recovery Housing refers to safe, healthy, and substance-free living environments that support individuals in recovery from addiction. While recovery residences vary widely in structure, all are centered on peer support and a connection to services that promote long-term recovery.

www.behavioralhealth.nd.gov/recovery-housing

The Recovery Housing Program offers up to 12 weeks of Recovery Housing rent expenses for eligible, enrolled individuals.

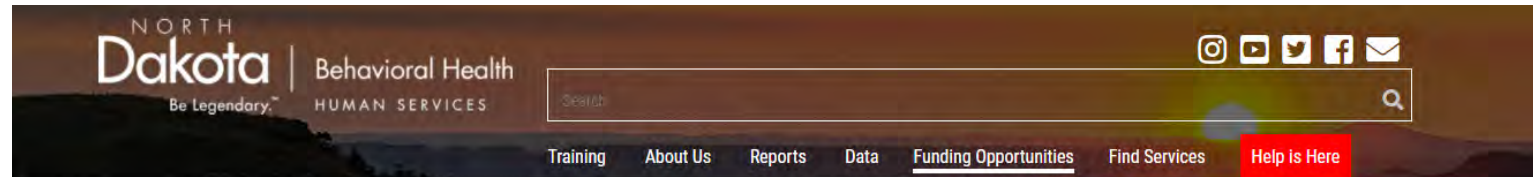
For individuals to be eligible, they must meet the following criteria:

- ND Resident *and*
- Age 18 or older *and*
- Experiencing a substance use disorder *and*
- One of the following:
 - Currently enrolled in a Department of Human Services Public Assistance Program *or*
 - Currently enrolled in a Behavioral Health Division substance use disorder or community program *or*
 - Household income is at or below 200% Federal Poverty Guidelines



Funding Page

www.behavioralhealth.nd.gov/funding



Home / Funding Opportunities

Funding Opportunities

Suicide Prevention Funding Opportunity

To view the solicitation notice and to apply, [click here](#).

- Total available funding is about \$750,000. Funding will be allocated equally among six awardees to provide suicide prevention and postvention evidence-based practices.
- The deadline for questions is Sept. 30, 2021, at 4 p.m. CT.
- Applications must be submitted by Oct. 15, 2021, at 12 p.m. CT.
- Interested individuals can email Opp at mopp@nd.gov for more information.

Become a 1915(i) Medicaid State Plan Amendment Provider

[Click here for more information](#)

Become a Substance Use Disorder (SUD) Voucher Provider

[Click here for more information](#)

Statewide Family Network

To view the solicitation (325-21-810-069) notice and to apply, [click here](#).

- The deadline for questions is Oct 7, 2021, at 12 p.m. CT.
- Applications must be submitted by Oct. 20, 2021, at 3 p.m. CT.

Become a Community Connect Provider

[Click here for more information](#)

Mental Health Services & Disaster Response Outreach and Engagement

To provide clinical mental health services, review and complete the [Provider Application](#).

To provide disaster response outreach and engagement, download the [Invitation to Apply](#).

[Click here for more information](#)

Become a Free Through Recovery Provider

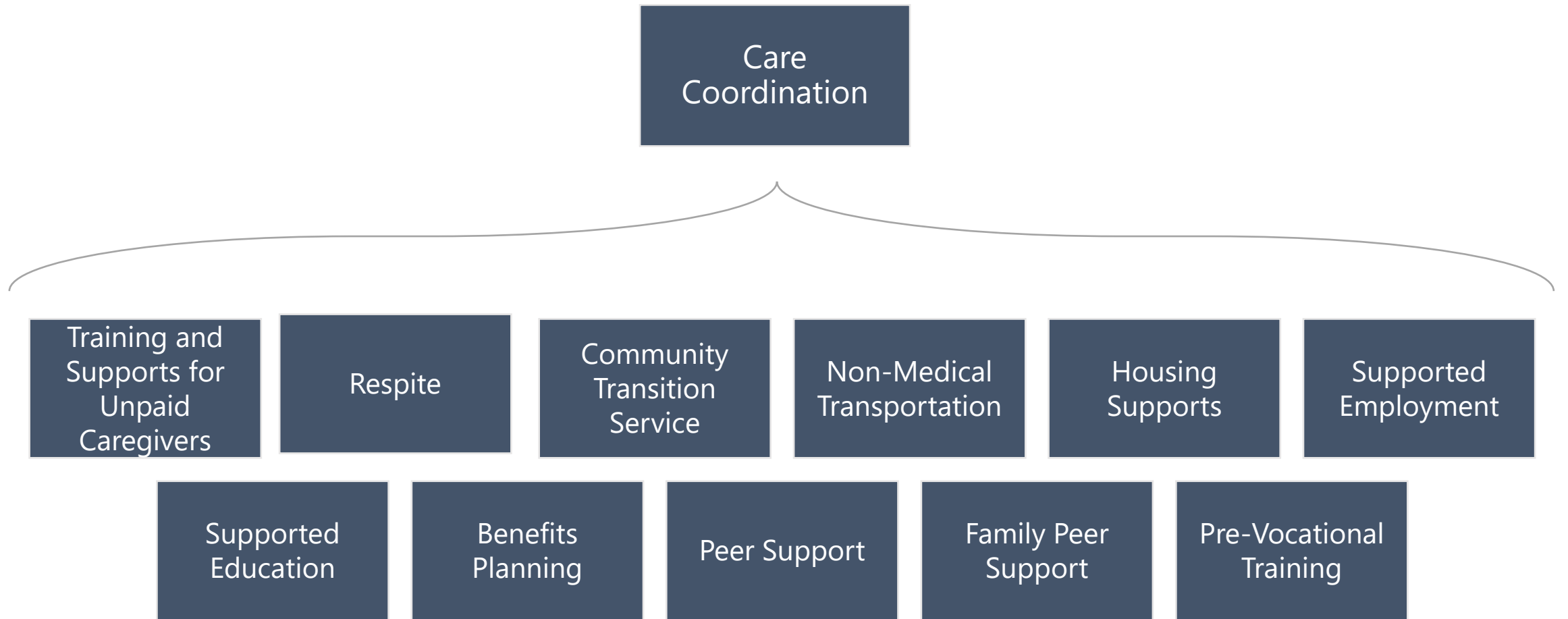
[Click here for more information](#)

1915(I) Home and Community Based Services

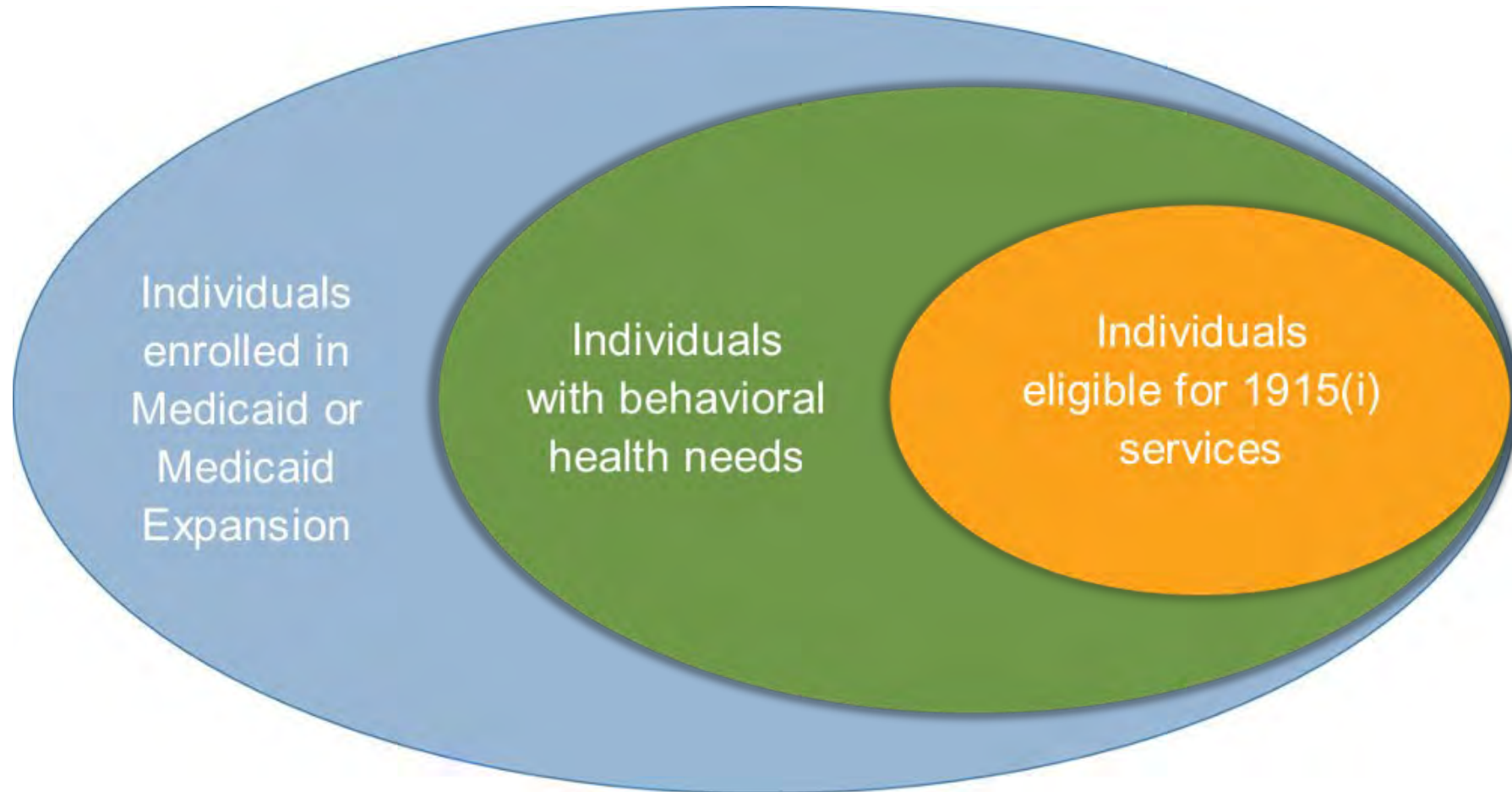


- Amendment to the ND Medicaid State Plan
- Designed to fill gaps in the Behavioral Health Services delivery system identified in the 2018 HSRI report

1915(i) Services



ND Citizens Served by 1915(i)



1915(i) Eligibility Criteria

1. The individual is **age 0+**; and
2. The individual is currently **enrolled in ND Medicaid or Medicaid Expansion**; and
3. The individual's household income is at or below **150% of the Federal Poverty Level (FPL)**
4. The individual has a **qualifying substance use, mental health or brain injury diagnosis**; and
5. The individual has a **WHODAS score of 25 or above**; and
6. The individual resides in and will receive services in a setting meeting the federal **home and community-based setting** requirements

1915(i) Enrollment

Individual Enrollment

1. Complete [Enrollment Application Form](#)
2. Submit Enrollment Application Form to [Human Service Zone](#)
3. Choose a [Care Coordination Agency](#)

Provider Enrollment (Group and Individual)

1. Obtain [1915\(i\) NPI Number](#)
2. Complete [Provider Enrollment Checklist](#)
3. Complete [Provider Enrollment Application](#) online

1915(i) Enrollment update



1915(I) MONTHLY PROVIDER & INDIVIDUAL ENROLLMENT REPORT										
Provider Enrollment	11/1/21	12/1/21	1/1/2022	2/1/2022	3/1/2022	4/1/2022	5/1/2022	6/1/2022	7/1/2022	
Enrolled Group Providers	24	25	25	25	28	28	28	30	31	
Enrolled Individual Providers	80	83	76	80	82	85	97	100	106	
In-Process Group Provider Applications	1	0	0	0	2	4	2	3	2	
In-Process Individual Provider Applications	4	13	9	4	8	9	10	20	15	
Pending Group Provider Applications	4	8	8	6	4	5	7	6	8	
Pending Individual Provider Applications	6	11	6	8	10	15	17	16	24	
Incomplete Group Provider Applications	3	5	4	4	3	4	4	4	5	
Incomplete Individual Provider Applications	4	4	2	1	1	0	3	4	4	
Individual Enrollment										
Total Individuals Enrolled	37	40	44	47	70	110	163	192	199	
Under 18							17	16	18	
Age 18+							146	176	181	
Approved Prior Month- WHODAS Under 50				6	12	30	30	14	11	
Approved Prior Month- WHODAS 50+				9	17	34	17	15	6	
Total Individuals Ineligible	21	22	36	48	51	56	60	65	68	
Ineligible- No Medicaid	1	1	2	2	3	3	3	4	4	
Ineligible- No Qualifying Diagnosis	8	8	8	8	8	8	9	9	9	
Ineligible- No Qualifying WHODAS*	9	10	22	33	35	35	36	37	43	
Ineligible- Setting Does Not Meet HCBS Rule							1	1	2	
Ineligible- Over 150% of Federal Poverty Level	3	3	4	5	5	10	10	10	10	
Enrolled, Then Closed**	6	6	7	5	6	10	17	24	32	
Pending Applicants	10	1	4	4	4	3	4	4	3	
Ineligible Individuals Assisted to Become Eligible	3	3	3	6	10	10	10	10	10	

* Due to improper administration or disqualifying score; follow up/navigation efforts not successful

** Due to individual choice or no longer meeting eligibility criteria



NORTH
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www.behavioralhealth.nd.gov